

**2025-2026 Health Forms due to the RMS School Nurses:**  
**Formularios De La Oficina De Salud En Español**

Form	Due Date	Applies to...
<b>Sports Forms</b> <b><u>Athletic Forms</u></b>	<b>Monday, Aug 18th , 2025</b>	ALL RMS Students interested in Fall sports
<b>Vaccine Record</b> (including Tdap and Meningitis vaccines received or exemption)	<b>Tuesday, Sept. 2, 2025</b> First Day of School	ALL 6th grade students & Transfer Students/ New students <b><u>Universal Child Health Form</u></b>
<b>Asthma, Epinephrine, Seizure, &amp; Diabetes Plans</b> (MD Treatment Plan for care at school) <b>Students at middle school level are strongly encouraged to be independent and to self-carry and to be approved for self administer. *</b>	<b>Tuesday, Sept. 2, 2025</b>	Any student diagnosed with asthma, diabetes, a seizure disorder or anaphylactic allergies <b><u>Medical Forms</u></b>
<b>Medication (RX/OTC) Administration Form*</b> * POLICY regarding OTC meds - your own doctor, PA or NP must complete the form	<b>Tuesday, Sept. 2, 2025</b> First Day of School*  *or anytime during the year as changes occur	Any student who requires medication at school (includes Tylenol, Advil, seasonal allergy meds, ADHD meds, etc.)

\*Doctor and parent must sign approval for self administration/carry on forms

- **SPORTS FORMS** may be emailed to [sportsforms@readington.k12.nj.us](mailto:sportsforms@readington.k12.nj.us). Forms are available on the RMS Health Office web page .  
<https://www.readington.k12.nj.us/Domain/130>
- On our website see the sidebar above left or click. **Medical Forms**
- Completed forms can be dropped off in person to RMS and placed in the mailbox in the wall to the left of the main entrance, emailed to [msjonell@readington.k12.nj.us](mailto:msjonell@readington.k12.nj.us) or [jkomosinski@readington.k12.nj.us](mailto:jkomosinski@readington.k12.nj.us) , faxed to 908-923-8614, or mailed to Readington Middle School (Attention School Nurses) P.O. Box 700, 48 Readington Road, Whitehouse Station NJ 08889.
- Questions or concerns should be directed to the school nurses, Maureen Sjonell and Jill Komosinski, at the emails above.

Thank you and enjoy the summer!